# First scene

* **Two bad practice of Henry**
* Henry (laughing): Your report? Not all of it was clear to me!( **Criticism** as he opposes and inundate his fellow Max with bad comments in a way that is neither concise nor factual nor sincere.)
* Henry, in a hurry, continues on his way. Max is disconcerted.(this shows undermining which is bad practice)
* **Propose a dialogue that implements good practices.**

Max gave his weekly report to Henry, his boss. As he has not received an answer to his email, he takes his courage in both hands and goes to see Henry:

**Max** (a little anxious): Henry, I sent you the weekly report. Have you had a chance to look at it?

**Henry**: yes , I received your report but there are some interesting points which we need to think about .

**Max**: it is pleasure to hear that from you sir **,**thank you so much.

**Henry**, stopped a while , to get all clear point from Max.

**Second scene**

1. Describe the relationship posture of Max when Henry asks him for a last-minute job at 7pm. **Does he manage to find the balance between empathy and assertiveness?**

**Max** doesn’t manage to find the balance between empathy and assertiveness

**for empath**, you understand others, their motivations, tolerating their differences from you and make room for them, while

**for assertiveness:** non-violent self-affirmation, asserting your own needs and desires but Max didn’t asserted his own needs and desires.

Max didn’t manage to find the balance between empathy and assertiveness because He only developed empathy as he understands the needs of Henry and tried to do what Henry wanted. He had too much empathy but not enough assertiveness. He had been appreciated of course but he became dissatisfied and he didn’t achieve his full potential at that moment.

**2.How could Max have replied to Henry to find this balance?**

He should have developed his assertiveness as well as balancing with that empathy by replying that he is supposed to be to a game of squash that night to decompress. He lost good self-esteem and Self-confidence.

May be he could reply to Henry that:

* Let’s look at the possible options